SAFETY AREA - keep important text and images inside this area - 0.16 inch inside TRIM EDGE
This area is 4.68 x 6.68 inches

TRIM EDGE - Your project will be cut on this line - Finished trimmed size is 5 x 7 inches

BLEED AREA - extend the background or images that touch the TRIM EDGE after being
TRIMMED to 0.125 inch past the TRIM EDGE - this area should extend to 5.25 x 7.25

When making a PDF of your finished file -
1) Remove or turn off the layer with this template
2) Choose the options to print crops and bleeds is selected